

TINA MARIE ST.CYR

Executive Coach, Corporate Trainer, Leadership Communication Strategist



ABOUT ME

Tina Marie St.Cyr is a board-certified executive coach and a licensed corporate trainer specializing in executive work-life balance, team communications, and leadership development. With over 12,000 hours of application, study, and design of programs, her methods for helping people create immediate and lasting results is extraordinary.



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bonfirecoaching.com



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Most requested speaking topic

3 KEYS TO
LEADING A
HUMAN-FIRST
CULTURE

A Humans First Culture depends on our ability to bring trust, connection, and respect to the value and potential of our human assets. In a world of ever-increasing change, adaptations of technology, the onset of ultra-intelligent AI, and the uncertainty that lies ahead equip your leadership with the strength of a Humans First Culture now.

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DYNAMIC TOPICS

- Increased Personal Effectiveness
- Creating Executive Work-Life Balance
 - Defining & Living your Core Values
- Ending Drama in The Workplace to Increase Trust & Productivity
 - Positive Team Dynamics
- Gaining New Perspectives in Life

ADDITIONAL TOPICS

Dynamic Presentations that Engage, Entertain, and Challenge



Podcast

LIGHT YOUR
LIFE

When one soul's light touches another, the world is brighter. Learn from extraordinary people from all over the world who have stepped up, pushed through, and created lives against the odds. Learn strategy, life hacks, and ways to expand beyond the mundane world to the limitless and remarkable.

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POSSIBLE INTERVIEW QUESTIONS

What does it mean to have a Human First Culture?

What are the risks if we do not address the human effect of technical advancement?

You have mentioned the importance of emotions as our humanness yet, many times, we were raised as leaders to deal with the emotions of our employees on a surface level and not really connect there, in a Humans First Culture what approach is truly needed?

Are we at the edge of a great divide of Intelligence and Emotional Intelligence?

You mention in your talks that there is a new divide being made more visible? The divide of the mundane and the miraculous, what is that?

You have a system you call EQX that helps companies assess their Human Culture's strengths and weaknesses? Tell us about it.

How can our listeners connect with you?

BIO

Tina Marie believes all executives need to believe in their choices, trust their teams, and be resourced to take their companies to amazing levels of success and financial vitality.

She is the CEO of Bonfire Coaching, a global firm of professional coaches who utilize the Bonfire Method to help their executive clients transform doubt, drama, and worry into clarity, personal power, and immediate results.

When our company cultures sustain positive progress, attract raving fan clients, and help us reach our greatest visions, our executive lives become effortless, engaging, and fun again.

Tina Marie has been hired by some of today's top leaders, executives, and organizations to help them realize never before seen progress, financial gains, and effectiveness.

Her secret? Knowing how to use specific language, personal practices, and negotiating skills to obtain breakthrough progress.

For over 25 years, Tina Marie has studied human dynamics and helped create outstanding results for clients where only conflict seemed present prior. She has led multi-million dollar global firms and now helps grow companies that have plateaued or forgotten their passion.

Outside of board rooms, private sessions, and Zoom conferences, you will find Tina Marie Jeeping in the outdoors, national parks, and hidden backroads with her Canon 5D Mark 4.

CORPORATE BACKGROUND

Clients refer to Tina Marie as:

*Their “Professional Sounding Board,” “Personal Advisor,” “Secret Weapon,”
and “Evokateur ”*

- A professional full-time personal & business coach
- Certified with the International Coaching Federation
- Board Certification through the
- Center for Credentialing and Education
- Certified Corporate Trainer in multiple technologies and platforms including Epstein Technologies, Arbinger, and her own Business Acceleration Systems
- A Certified Life Mastery Consultant, degreed Business Strategist,
- Certified Strategic Interventionist,
- BBA in Management Information System
- Masters in Holistic Nutrition
- Holds many certificates in business, health, finance, communication, and time management skills.



CAREER HIGHLIGHTS

- Voted Houston's Most Dynamic Business Woman by Houston Magazine
- Voted Texas Top Inspirational Speakers by Origin magazine
- Featured writer in Small Business Magazine, Marie Claire Magazine, Huffington Post
- Talkshow host and radio personality - The Power Of Transformation